



NEWS FROM ROCKY VISTA UNIVERSITY

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FOR IMMEDIATE RELEASE – HOMETOWN NEWS

Shelby Mestnik Among Graduates at RVUCOM's Commencement Ceremony

[Parker, Colorado – June 4, 2019] – Rocky Vista University College of Osteopathic Medicine (RVUCOM) is pleased to announce the graduation of Shelby Mestnik of Sheldon, Iowa.

Dr. Mestnik is one of 151 RVUCOM graduates who received a Doctor of Osteopathic Medicine (DO) degree during the University's commencement ceremony at the Ellie Caulkins Opera House in Denver, Colorado on Saturday, May 18th. She will complete her residency program in Pediatrics at the University of Iowa Hospitals & Clinics in Iowa City, Iowa.

Dr. Mestnik is the daughter of Mike and Ruth Vogel and the granddaughter of Norm Vanderlee. She is a graduate of Sheldon High School. She attended Augsburg University (formerly Augsburg College) and earned her Bachelor of Science degree in Chemistry.

During her time at RVUCOM, Dr. Mestnik was a member of Sigma Sigma Phi, a national honorary osteopathic service fraternity.



About Rocky Vista University (RVU)

RVU is a health-sciences university based in Parker, Colorado and Ivins, Utah. RVU was founded in 2006 and opened its doors in August of 2008, enrolling students in its four-year program of study leading to the Doctor of Osteopathic Medicine (DO) degree in the University's College of Osteopathic Medicine (RVUCOM). The Ivins Campus matriculated its first class in 2017. RVU is accredited by the Higher Learning Commission (HLC), a commission of the North Central Association. RVUCOM is accredited by the Commission on Osteopathic College Accreditation (COCA). RVU has also added a Master of Science in Biomedical Sciences (MSBS) degree program and a Master of Physician Assistant Studies (MPAS) to its Colorado location. Rocky Vista University provides quality healthcare education while inspiring students to serve with compassion, integrity and excellence. For more information, visit www.rvu.edu.

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